

Department of Orthopedic Surgery  
Chamran Hospital, 71948-15644  
Shiraz University of Medical Sciences  
Shiraz, Fars  
Islamic Republic of Iran

vosoughiar@hotmail.com  
Phone: +98 713 623 4504  
+98 713 624 6093  
Fax: +98 713 623 4504



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# **Amir Reza Vosoughi, MD**

Assistant Professor of Orthopedic Surgery  
Foot & Ankle Surgeon

## **Educations**

### **1. *General Practitioner***

Shiraz University of Medical Sciences, Shiraz, Iran (1999 - 2006)

Doctor of Medicine

### **2. *Residency***

Department of Orthopedic Surgery, Shiraz University of Medical Sciences, Shiraz, Iran (2008 - 2012)

Orthopedic surgeon; Iranian Board of Orthopedic Surgery: *5th rank (1<sup>st</sup> rank of oral exam)*

### **3. *Fellowship of Foot and ankle reconstructive surgeries***

➤ Clinica Luganese Moncucco, Lugano, Switzerland

➤ Zentrum für Fusschirurgie, Schulthess Clinic, Zürich, Switzerland

➤ Department for Foot and Ankle Surgery, Rummelsberg Hospital, Nuremberg, Germany  
with Prof. Dr. Martinus Richter

## **Awards & Grants**

1. The first award prize winner for the best research article entitled “Arthrofibrosis Prevention by Antibody against Vascular Endothelial Growth Factor: A novel use of bevacizumab in rabbits. “in the 19th international Congress of Iranian Orthopaedic Association, Oct 17th-21st, 2011, Tehran, Iran.

2. The first award prize winner for the best research article entitled “The Safest Direction of Percutaneous Pinning for Achieving Firm Fixing of the Fifth Carpometacarpal Joint. “in the 20th international Congress of Iranian Orthopaedic Association, Oct 15th-19th, 2012, Tehran, Iran.

3. The first award prize winner for the best research article in spine surgery entitled “Results of Fusion and Instrumentation of Thoracic and Lumbar Vertebral Fractures in Children *A prospective ten-year study*” in the 21st international Congress of Iranian Orthopaedic Association, Oct 14th-18th, 2013, Tehran, Iran.

## Publications

1. Kojuri J, **Vosoughi AR**. Interventional cardiology in Shiraz University of Medical Sciences affiliated hospitals during year 2005. *Shiraz E-Medical J*. 2006; 7(4):1-7.
2. Kojuri J, **Vosoughi AR**, Akrami M. Effects of anethum graveolens and garlic on lipid profile in hyperlipidemic patients. *Lipids Health Dis*. 2007 Mar 1;6:5.
3. Kojuri J, **Vosoughi AR**. Use of 12-lead electrocardiography for prediction of left main coronary artery significant lesion. *Pak J Med Res*. 2007; 46(2):37-41.
4. Kojuri J, **Vosoughi AR**, Khosropanah Sh, Aslani A. Electrocardiographic predictors of proximal left anterior descending coronary artery occlusion. *Cent Eur J Med*. 2008; 3(3):294-9.
5. Ensafdaran A, Ensafdaran MR, **Vosoughi AR**. Arthroscopic debridement of knee osteoarthritis. (short-term results) *Iran J Orthop Surg*. 2008; 6(3): 91-6.
6. Kojuri J, **Vosoughi AR**, Khosropanah Sh. Percutaneous transluminal coronary angioplasty and use of drug-eluting stent in Shiraz catheterization centers during 2006. *Iran Cardiovasc Res J*. 2008; 1(3):175-8.
7. Kojuri J, **Vosoughi AR**, Khosropanah Sh. Interventional cardiology in Shiraz hospitals during year 2006. *Shiraz E-Medical J*. 2008; 9(1):17-23.
8. Ensafdaran A, Ensafdaran MR, Ensafdaran HR, **Vosoughi AR**. Short-term results of arthroscopic partial meniscectomised patients. *Iran J Orthop Surg*. 2009; 7(1): 29-34.
9. Emami Mj, **Vosoughi AR**, Vadiee I, Pakbaz S, Liaghat S. Primary hydatid disease of the ilium: a case report. *Iran Red Crescent Med J*. 2010; 12(2): 190-4.

10. Ensafdaran A, **Vosoughi AR**, Khozai A, Torabi S, Ensafdaran MR. Lipoma arborescens of the knee: report of a case with full range of motion. *Middle East J Cancer*. 2010; 1(1): 51-4.
11. Solooki S, **Vosoughi AR**. John Thomas Sign: Is It Helpful to Determine the Lower Limb Fracture? *Pak J Radiol*. 2010; 20(3): 134-135.
12. Kojuri J, Karimi A, Pourafshar N, **Vosoughi AR**. Association between serum levels of Hs-CRP and LDL-C with degree of coronary artery stenosis in patients with stable angina pectoris. *Iran Red Crescent Med J*. 2010; 12(4): 396-405.
13. Emami MJ, Solooki S, Meshksari Z, **Vosoughi AR**. The effect of open Bristow-Latarjet procedure for anterior shoulder instability: a 10-year study. *Musculoskelet Surg*. 2011;95(3):231-5.
14. Hashemi SA, Azarpira N, **Vosoughi AR**, Pourmokhtari M. Peripheral primitive neuroectodermal tumor of the calcaneus: a case report. *The foot and ankle online J*. 2011; 4(6): 2.
15. Rezazadeh S, **Vosoughi AR**. Closed reduction of bilateral posterior shoulder dislocation with medium impression defect of the humeral head: a case report and review of its treatment. *Case Rep Med*. 2011; 2011: 124581.
16. Emami Mj, Vadiiee I, Namazi H, **Vosoughi AR**. Concomitant flying lunate and scaphoid. *J Surg Case Rep*. 2011; 11:4.
17. Rezazadeh S, Solooki S, Aboulhasani S, **Vosoughi AR**. Midterm results of open reduction and internal fixation of isolated posterior cruciate ligament avulsion fracture. *Eur Orthop Traumatol*. 2011; 1: 191-5.
18. Solooki S, **Vosoughi AR**, Masoomi V. Epidemiology of musculoskeletal tumors in Shiraz, south of Iran. *Indian J Med Paediatr Oncol*. 2011;32(4):187-91.
19. Emami MJ, Namazi H, **Vosoughi AR**, Nezhad ST, Oryan A, Mozaffarian K. Can enoxaparin prevent arthrofibrosis? *Int J Clin Pharmacol Ther*. 2012 ; 50(1):49-50.
20. Hashemi SA, **Vosoughi AR**, Pourmokhtari M. Hip abductors pyomyositis: a case report and review of the literature. *J Infect Dev Ctries*. 2012;6(2):184-7.

21. Emami MJ, Abdollahpour HR, Kazemi AR, **Vosoughi AR**. Bilateral subcapital femoral neck fractures secondary to transient osteoporosis during pregnancy: a case report. *J Orthop Surg (Hong Kong)*. 2012;20(2):260-2.
22. Emami MJ, Fakhrinia H, Tafi AK, **Vosoughi AR**, Ensafdar HR. Surgical drainage versus repeat aspiration for the treatment of septic knee arthritis: an experimental study in rabbits. *Comp Clin Pathol*. 2012; 21:1697–1701.
23. Mozaffarian K, **Vosoughi AR**, Hedjazi A, Zarenezhad M, Nazmi MK. The safest direction of percutaneous pinning for achieving firm fixing of the fifth carpometacarpal joint. *J Orthop Sci*. 2012; 17:757–762.
24. Emami MJ, Jaber FM, Azarpira N, **Vosoughi AR**, Tanideh N. Prevention of arthrofibrosis by monoclonal antibody against vascular endothelial growth factor: A novel use of bevacizumab in rabbits. *Orthop Traumatol Surg Res*. 2012;98(7):759-64.
25. Solooki S, Samanian M, Emami MJ, **Vosoughi AR**. Relationship of radiographic criteria to clinical findings in patients with femoroacetabular impingement. *South Afr Orthop J*. 2013; 12(2):38-41.
26. Namazi N, Jaber FM, Pakbaz S, **Vosoughi AR**, Jaber MM. Does patellar rim electrocautery have deleterious effects on patellar cartilage? *Knee*. 2014 Mar;21(2):524-8.
27. Erfani MA, Pourabbas B, Nourai H, Vadiie I, **Vosoughi AR**. Results of fusion and instrumentation of thoracic and lumbar vertebral fractures in children: a prospective ten-year study. *Musculoskelet Surg*. 2014; 98(2):107-14.
28. Momenzadeh OR, Pourmokhtari M, Sefidbakht S, **Vosoughi AR**. Does the position of shoulder immobilization after reduced anterior glenohumeral dislocation affect coaptation of a Bankart lesion? An arthrographic comparison. *J Orthop Traumatol*. 2015; 16(4):317-21.
29. Rezazadeh S, Ettehad H, **Vosoughi AR**. Outcome of arthroscopic single-bundle anterior cruciate ligament reconstruction: anteromedial portal technique versus transtibial drilling technique. *Musculoskelet Surg*. 2016; 100(1):37-41.
30. Pourabbas B, Emami MJ, **Vosoughi AR**, Namazi H. Does Mobility of the Elderly with Hip Fractures Improve at One Year Following Surgery? A 5-year Prospective Survey. *Ortop Traumatol Rehabil*. 2016; 18(4):311-6.

31. **Vosoughi AR**, Klaue K. Huge juxtaneural ganglion cyst of the tibial nerve. A case report and review of the literature. *Fuss Sprungg*. 2016; 14 (3): 146-50.
32. Mozaffarian K, Bayatpour A, **Vosoughi AR**. Simultaneous Volar Dislocation of Distal Interphalangeal Joint and Volar Fracture-Subluxation of Proximal Interphalangeal Joint of Little Finger: A New Mechanism of Injury. *J Hand Surg Asian Pac Vol*. 2016; 21(3):422-4.
33. Spinner RJ, Desy NM, Amrami KK, **Vosoughi AR**, Klaue K. Expanding on the term "balloon" sign. *Acta Neurochir (Wien)*. 2016; 158(10):1891-3.
34. Azarpira MR, Emami MJ, **Vosoughi AR**, Rahbari K. Factors associated with recurrence of clubfoot treated by the Ponseti method. *World J Clin Cases*. 2016; 4(10):318-322.
35. Mozaffarian K, Farahani MJ, **Vosoughi AR**. Bilateral Sandwiched Scapulae A Rare Presentation of Hereditary Multiple Exostoses. *J Clin Orthop Trauma*. 2016; 7S: 5–7.
36. Solooki S, Keikha Y, **Vosoughi AR**. Can ethanol be used as an adjuvant to extended curettage in order to reduce the recurrence rate of aneurysmal bone cyst? *Rev Bras Ortop*. 2017; 52(3): 349-353.
37. Hashemi SA, Dehghani J, **Vosoughi AR**. Can the crossover sign be a reliable marker of global retroversion of the acetabulum? *Skeletal Radiol*. 2017; 46(1):17-21.
38. **Vosoughi AR**, Emami MJ, Pourabbas B, Mahdaviazad H. Factors increasing mortality of the elderly following hip fracture surgery: role of body mass index, age, and smoking. *Musculoskelet Surg*. 2017; 101(1):25-29.
39. **Vosoughi AR**, Rippstein PF. Rare Lateral Dislocation of the First Metatarsophalangeal Joint: A Case Report and Review of the Literature. *J Foot Ankle Surg*. 2017; 56(2):375-378.
40. Namazi H, Mahdaviazad H, **Vosoughi AR**, Shouroki ZK. Epidemiological patterns and preventability of trauma leading to finger amputation: a prospective hospital-based study. *Sigurnost*. 2017; 59(1): 1–5.
41. **Vosoughi AR**, Glazebrook M. Interposition of Tibialis Posterior and Flexor Digitorum Longus Tendons Resulted in Irreducible Ankle Fracture-Dislocation. *J Foot Ankle Surg*. 2017; 56(3):697-701.

42. Pourabbas B, Emami MJ, **Vosoughi AR**, Mahdaviazad H, Kargarshouroki Z. Mortality and function after surgically-treated hip fracture in adults younger than age 60. *Acta Ortop Bras.* 2017;25(4):129-131.
43. **Vosoughi AR**, Mozaffarian K, Erfani MA. Recurrent aneurysmal bone cyst of talus resulted in tibiotalar calcaneal arthrodesis. *World J Clin Cases.* 2017; 5(9):364-367.
44. Mozaffarian K, Modjallal M, **Vosoughi AR**. Treatment of giant cell tumor of distal radius with limited soft tissue invasion: Curettage and cementing versus wide excision. *J Orthop Sci.* 2018; 23(1): 174-179. doi: 10.1016/j.jos.2017.10.001.
45. Solooki S, Mahdaviazad H, **Vosoughi AR**, Keikha Y, Pourabbas B, Hashemi SA. Effect of ethanol as an adjuvant to extended curettage on recurrence rate of unicameral bone cyst. *Indian J Med Paediatr Oncol.* 2018;39:193-195.
46. **Vosoughi AR**, Erfani MA. Concomitant Traumatic Peroneal Tendon Dislocation and Medial Malleolus Fracture: A Case Report. *Malays Orthop J.* 2018; 12(1): 57-59.
47. Solooki S, **Vosoughi AR**. Incredible position of broken sliding dynamic hip screw implant in the medial of thigh. *Acta Orthop Traumatol Turc.* 2017 Apr 25. pii: S1017-995X(17)30202-X. doi: 10.1016/j.aott.2017.03.020
48. **Vosoughi AR**, Ravanbod H, Gilheany M, Erfani MA, Mozaffarian K. Posterior tibialis tendon rupture associated with closed medial malleolus fracture and avulsion of anterior talofibular ligament: A case report and review of the literature. *Hong Kong J Emerg Med.* 2018 Feb 13. doi: 10.1177/1024907917753441.
49. **Vosoughi AR**, Roustaei N, Mahdaviazad H. American Orthopaedic Foot and Ankle Society Ankle-Hindfoot Scale: A Cross-Cultural Adaptation and Validation Study from Iran. *Foot Ankle Surg.* 2017 Feb 17. DOI: 10.1016/j.fas.2017.02.007.

## Articles under Review for Publication

1. Knowledge and Attitudes about Osteoporosis: A Hospital-Based Study among Orthopedic Nurses from Iran

2. Outcome of Hallux valgus deformity correction using Mitchell osteotomy

### **Associate editor (orthopedic section) of**

1. Bulletin of Emergency and Trauma

### **Editorial Board of**

1. World Journal of Clinical Cases.
2. Journal of Minimally Invasive Orthopedics
3. Austin Journal Orthopedics & Rheumatology.
4. Jacobs Journal of Medical Diagnosis and Medical Imaging.
5. Annals of Clinical Case Reports
6. Gavin Journal of Orthopedic Research and Therapy
7. Foot & Ankle: Studies

### **Reviewer of**

1. International Orthopaedics
2. Journal of Foot and Ankle Surgery
3. Foot & Ankle Specialist
4. Musculoskeletal Surgery Journal
5. Journal of orthopaedics and traumatology
6. World Journal of Clinical Cases
7. Journal of Minimally Invasive Orthopedics
8. World Journal of Orthopedics
9. Gavin Journal of Orthopedic Research and Therapy
10. Bulletin of Emergency and Trauma
11. Iranian Journal of Orthopaedic Surgery

### **Course Participations**



1. State of the art on ankle pathology & sports trauma, Theoretical and Practical Cadaver Course, 28-29 January 2016, Medicine University of Barcelona, Spain

### **Membership & Associations**

1. Iranian Orthopedic Association
2. European Society of Sports Traumatology Knee Surgery and Arthroscopy