

Ramin Espandar, MD
Associate Professor of Orthopedic Surgery
Orthopedic Foot and Ankle Surgeon
espandarmd@tums.ac.ir

EDUCATION

M.D.

06/2017 ECFMG Certification
09/1985 to 09/1992 Medicinae Doctoris, Seven-Year medical program, Tehran University of Medical Sciences, Tehran, Iran

POSTGRADUATE TRAINING

11/2012 to 10/2013 Visiting Associate Professor of Orthopedic Surgery, Penn Sports Medicine, Department of Orthopedic Surgery, Perelman School of Medicine, Philadelphia PA
12/2011 to 11/2012 Scientific Scholar, foot and ankle division, under supervision of Steven Raikin MD, Rothman's Institute, Thomas Jefferson University, Philadelphia, PA
10/2011 to 12/2011 Visiting Orthopedic Surgeon, Knee Surgery and Orthopedic Foot and Ankle Division, Sint-Lucas Hospital, Ghent University, Bruges, Belgium
07/2008 to 08/2008 Theoretical and Practical instructional Course on the orthopedic management of haemophilia supervised by Rodriguez Merchan at La Paz University Hospital Madrid, Spain
08/2007 to 10/2007 Advanced Methods of Medical Education, Course presented by Department of Medical Education, Vice Chancellor for Education, Tehran University of Medical Sciences
09/2000 to present Iranian Board of Orthopedic Surgery (Board Certified)
09/1999 to 09/2000 Chief Resident of Orthopedic Surgery: Tehran University of Medical Sciences, School of Medicine, Imam University Hospital. Tehran, Iran
09/1995 to 09/1999 Resident of Orthopedic Surgery: Tehran University of Medical Sciences, School of Medicine, Imam University Hospital. Tehran, Iran

ACADEMIC APPOINTMENTS

05/2010 to present Associate Professor of Orthopedic Surgery, Department of Orthopedic Surgery, School of Medicine, Tehran University of Medical Sciences
11/2012 to 10/2013 Visiting Associate Professor of Orthopedic Surgery, Penn Sports Medicine, Department of Orthopedic Surgery, Perelman School of Medicine, Philadelphia PA
05/2004 to 05/2010 Assistant Professor of Orthopedic Surgery, Department of Orthopedic Surgery, School of Medicine, Tehran University of Medical Sciences

PEER REVIEWED PRESENTATIONS AT ACADEMIC MEETINGS

INTERNATIONAL

02/2018 Espandar R. "Arthroscopic treatment of syndesmotic injuries" 5th International Biennial Congress of Iranian Society of Knee Surgery, Arthroscopy, and Sports Traumatology, Kish Island, Iran.
02/2018 Espandar R. "Arthroscopic Subtalar Fusion" 5th International Biennial Congress of Iranian Society of Knee Surgery, Arthroscopy, and Sports Traumatology, Kish Island, Iran.
02/ 2012 Espandar R. "Functional results of ulnar club hand management", Oral Presentation in the 2012 AAOS Annual Meeting, San Francisco, CA, USA

- 05/2012 Espandar R, Sibdari S, Guiti MR, Yazdanian S. "Functional results after primary shoulder hemiarthroplasty for proximal humerus fractures". 13th European Federation of National Associations of Orthopaedics and Traumatology (EFORT) congress, Berlin, Germany
- 05/2012 Espandar R, Emami A, Yazdanian S. "The results of digital block using single injection of local anesthetic agent into the flexor tendon sheath at the area of metacarpophalangeal joint". 13th EFORT congress, Berlin, Germany
- 11/2011 Espandar R, Sibdari S, Yazdanian S. "Necrotizing fasciitis-risk profile and outcome", Société Internationale de Chirurgie Orthopédique et de Traumatologie (SICOT) 15th Triennial World Congress, Prague, Czech Republic.
- 06/2011 Espandar R, Mortazavi SMJ, Kaseb MH, Yazdanian S. "Efficacy and Safety of Iliac Crest Allograft in Medial Opening-Wedge High Tibial Osteotomy Compared to Iliac Crest Autograft: A Randomized Controlled Trial". 12th EFORT congress, Copenhagen, Denmark
- 03/2011 Espandar R, Kaseb MH, Mortazavi J, Yazdanian S. "The results of bilateral staged total knee arthroplasty in congenital factor XIII deficiency". 12th International Musculoskeletal Congress of World Federation of Hemophilia, Dubai, UAE
- 10/2010 Mojtahed A, Mojtahed M, Espandar R, Mortazavi SMJ, Shalileh K, Mahboubi H. "Evaluation of the outcomes of tibial interlocking intramedullary nailing with limited reaming in the treatment of tibial diaphyseal fractures". 21st European Students' Conference Promising Medical Scientists Willing to Look Beyond: Charité-University Medicine, Berlin, Germany
- 10/2010 Davari S, Narimani B, Farhoud AR, Espandar R, Managhchi MR, Touge GR, Eftekhari M. "Radiosynovectomy with P32, an effective method in prevention of hemophilic arthropathy". 10th World Congress of Nuclear Medicine, Cape Town, South Africa
- 06/2010 Espandar R, Farhoud AR, Yazdanian S. "Hypoalbuminemia as a cause of post-surgical wound discharge after orthopaedic surgery", 11th EFORT congress, Madrid, Spain
- 06/2010 Espandar R, Yazdanian S, Kaseb M H. "Press-fit femoral fixation in ACL reconstruction using Bone-Patellar Tendon-Bone graft". 11th EFORT congress, Madrid, Spain
- 06/2010 Espandar R, Sibdari S, Rafii E, Yazdanian S. "Prognostic factors in necrotizing fasciitis, a prospective study". 11th EFORT congress, Madrid, Spain
- 04/2009 Espandar R. "Continuous femoral nerve block for physiotherapy in fixed contracture of the knee joint in hemophilic patients: a preliminary report. 11th International Musculoskeletal Congress of World Federation of Hemophilia, Cartagena de Indias, Colombia
- 10/2008 Abbaspour A, Baghdadi T, Espandar R, Saberi S, Heidari P, Takata S, Yasui N. "Effects of local injection of risedronate on consolidation phase of new bone formed during distraction osteogenesis, a rabbit model". Annual Meeting of the American Society for Bone and Mineral Research in Montreal, Québec, Canada. Abstract has been published in "Journal of Bone and Mineral Research", Volume: 23 Issue S1 Pages: S243-S243,
- 10/2006 Espandar R, Mortazavi SMJ, Baghdadi T, "Angular deformities of the lower limb in children", 18th international congress of pediatrics, Tehran University of Medical Sciences
- 10/2006 Mortazavi SMJ, Espandar R. "Flatfoot in children: how to approach". 18th international congress of pediatrics, Tehran University of Medical Sciences
- 10/2006 Baghdadi T, Espandar R, Mortazavi SMJ, "Orthopedic Shoes", 18th international congress of pediatrics, Tehran University of Medical Sciences

NATIONAL

- 12/2017 Espandar R. "Malunion of Ankle" 26th Annual meeting of the Department of Orthopedic Surgery, Tehran University of Medical Sciences
- 11/2017 Espandar R. "Acquired Adult Flat Feet Deformity" 25th Congress of Iranian Orthopedic Association (IOA), Tehran.

- 11/2017 Espandar R. “Arthroscopic management of subtle syndesmotic injuries” 25th Congress of Iranian Orthopedic Association (IOA), Tehran.
- 06/2017 Espandar R. “Syndesmotic injuries” Persian Orthopedic Trauma Association (POTA) seasonal meeting, Tehran.
- 10/2016 Espandar R. “Practical approach to hallux valgus”, 23rd Annual meeting of the Department of Orthopedic Surgery, Tehran University of Medical Sciences.
- 12/2015 Espandar R. “Posterior ankle arthroscopy”, 24th Annual meeting of the Department of Orthopedic Surgery, Tehran University of Medical Sciences
- 10/2014 Espandar R. “Flatfoot in children and adolescents”, 22nd Annual Meeting of Iranian Orthopedic Association (IOA)
- 12/2013 Espandar R. “Complications of Achilles Tendon Rupture”, 22nd Annual meeting of the Department of Orthopedic Surgery, Tehran University of Medical Sciences
- 10/2011 Espandar R. “Bimaleolar fractures”, 19th Annual Meeting of Iranian Orthopedic Association (IOA)
- 04/2011 Espandar R. “Monteggia fracture dislocation in children and adults”, Persian Orthopedic Trauma Association (POTA) Annual Meeting
- 10/2010 Espandar R, Yousef Sibdari S. “Necrotizing fasciitis of the extremities, risk profile and outcome”, International Congress and 18th Annual Meeting of Iranian Orthopedic Association (IOA)
- 12/2010 Espandar R. “Musculoskeletal manifestations of HIV infection”, 19th Annual meeting of the Department of Orthopedic Surgery, Tehran University of Medical Sciences
- 03/2009 Espandar R, Heidari P. “Injectable Scaffolds”. 18th Annual Meeting of the Department of Orthopedic Surgery, Tehran University of Medical Sciences
- 05/2009 Espandar R. “Management of residual club foot and its recurrences”. 33rd National Annual Congress of Iranian Association of Surgeons (IAS)
- 04/2008 Espandar R. “The use of osteoconductive bone graft substitutes in orthopedic trauma”, 32nd National Annual Congress of Iranian Association of Surgeons (IAS)
- 12/2008 Espandar R. “Lateral ankle instabilities”, Annual Congress of Iran University of Medical Sciences
- 11/2007 Espandar R. “Musculoskeletal problems in hemoglobinopathies”, International congress and 15th annual meeting of Iranian Orthopedic Association
- 02/2006 Espandar R. “Fracture in osteoporosis”. 15th Annual Meeting of the Department of Orthopedic Surgery, Tehran University of Medical Sciences
- 12/2006 Espandar R. “Midfoot Injuries”, Annual Congress of Persian Orthopedic Trauma Association (POTA)
- 12/2005 Espandar R. “Osteoid osteoma, long term results of nidus removal”, 14th Annual meeting of the Department of Orthopedic Surgery, Tehran University of Medical Sciences
- 12/2004 Espandar R. “Shwanoma in upper extremity, long term results”, 13th Annual Meeting of the Department of Orthopedic Surgery, Tehran University of Medical Sciences
- 12/2003 Espandar R. “Femoral shaft fracture in children”, 12th Annual meeting of the Department of Orthopedic Surgery, Tehran University of Medical Sciences

ATTENDANCE IN SCIENTIFIC COURSES AND EXPERIENCES

- 03/2018 AAOS annual meeting, New Orleans, LA
- 11/2016 Arthrex International Foot and Ankle Mega Course, Munich, Germany
- 04/2015 AO Faculty Education Program (FEP), Dubai, UAE
- 04/2013 Penn Cartilage Repair Symposium, “Filling The Toolbox of Surgical Techniques”, Philadelphia PA
- 02/2012 AAOS Annual Meeting, San Francisco CA

- 09/2011 AO Trauma Expert's Course "Acetabulum and Pelvic Ring Fractures", Prague, Czech Republic
- 06/2011 12th EFORT congress, Copenhagen, Denmark
- 09/2011 "Advances in Total Knee Arthroplasty" Scientific Meeting at Bettlach, Switzerland
- 11/2010 SOFCOT annual congress, Paris, France
- 10/2010 "What's New in Orthopedics? The Gentamicin-Vancomycin Bone Cement and Spacers" Scientific Meeting at Verona, Italy
- 10/2010 The 3rd Middle East and Africa Hemophilia Symposium "Advancement in Hemophilia Therapy" Dubai, UAE
- 09/2010 International Sports Medicine and Knee Arthroplasty Meeting 2010 "The Knee Unplugged", Berlin, Germany
- 06/2010 11th EFORT congress, Madrid, Spain
- 04/2010 "NCB plating for metaphyseal fractures using MIS techniques", Athens, Greece
- 12/2009 AO Advanced Trauma Course, Davos, Switzerland
- 04/2009 The World Federation of Hemophilia 11th International Musculoskeletal Congress, Cartagena de Indias, Colombia
- 11/2008 "Anatomical Surgical Course in Minimally Invasive Total Hip Arthroplasty (THR MIS) with practical exercise to the topic minimally invasive anterolateral approach" held at Orthopedic Clinic Gersthof, Vienna – Austria (Demonstration Surgeries) Institute of Anatomy, Vienna University, Vienna – Austria (Anatomical Surgical Course) Vienna, Austria
- 11/2008 "Anatomical Surgical Course in Minimally Invasive Total Knee Arthroplasty (TKR MIS) with and without Navigation" held at Krankenhaus Gersthof Wien (Demonstration Surgeries) and Pathologisch-Bakteriologischen Institut, Otto Wagner Spital Wien (Anatomical Surgical Course), Vienna, Austria
- 07/2008 "Theoretical and Practical instructional Course on the orthopedic management of haemophilia" (supervised by Rodriguez Merchan) at La Paz University Hospital Madrid, Spain
- 06/2008 Hemophilia 2008 World Congress, World Federation of Hemophilia (WFH) Istanbul, Turkey
- 04/2008 "New Improvements in VTE Prevention in Surgical Patients", Scientific Meeting at Prague, Czech Republic
- 08/2007 Advanced Methods of Medical Education, Course presented by Department of Medical Education, Vice Chancellor for Education, Tehran University of Medical Sciences
- 12/2003 Scientific Writing, workshop by Vice Chancellor for Research, Tehran University of Medical Sciences
- 11/2002 Methods in Research, workshop by Vice Chancellor for Research, Tehran University of Medical Sciences
- 06/1996 ACPR, workshop by Department of Anesthesia, Tehran University of Medical Sciences
- 12/1996 AO Basic Trauma Course, Davos, Switzerland

ORGANIZING ROLES IN ACADEMIC MEETINGS

- 12/2010 Scientific Secretary of 19th Annual Meeting of the Department of Orthopedic Surgery, Tehran University of Medical Sciences
- 10/2009 Scientific Secretary of 18th Annual Meeting of the Department of Orthopedic Surgery, Tehran University of Medical Sciences
- 10/2008 Scientific Secretary of 17th Annual Meeting of the Department of Orthopedic Surgery, Tehran University of Medical Sciences
- 11/2007 Scientific Secretary of 1st Congress of "Iranian Tissue Bank and research center", What's New in Bone and Bone Graft Substitutes, Tehran University of Medical Sciences

AWARDS, HONORS AND MEMBERSHIPS IN HONORARY SOCIETIES

12/2008 Best paper in Annual Congress of Iran University of Medical Sciences

LECTURES BY INVITATION (SELECTED)

- 01/2016 Espandar R. "Ankle Problems in Hemophilic Patients", 1st National Meeting of "Common Physiotherapy and Nursing Problems in Hemophilic Patients" hold by Ministry of Health and Medical Education, Kish Island, Iran
- 11/2015 Espandar R. "Foot problems in Women", 1st meeting in "Women's Skin Problems", Iranian Dermatology Association, Tehran
- 11/2014 Espandar R. "Peroneal Tendon Tears", CME course for orthopedic surgeons, Yazd University of Medical Sciences, Yazd, Iran
- 02/2011 Espandar R. "Common legal issues after traumatic injuries of the extremities", National Legal Medicine Congress, Tehran
- 01/2011 Espandar R. "Common problems of skin and nail of the foot", Continuous Medical Education Course for General Practitioners, Tehran University of Medical Sciences
- 10/2009 Espandar R. "Fundamentals of orthopedics" for post graduate nursing students, Faculty of Nursing and Midwifery, Tehran University of Medical Sciences
- 04/2009 Espandar R. "Use of bone graft substitutes in orthopedic trauma". Persian Orthopedic Trauma Association (POTA) Continuous Medical Education Program for Orthopedic Surgeons
- 03/2009 Espandar R. "Principals of fracture management". AO Advanced Trauma Course for Operating Room Personnel, Tehran
- 02/2009 Espandar R. "Subtrochanteric fractures: Plate or Nail?" AO advanced Trauma Course, Tehran
- 10/2008 Espandar R. "Upper extremity fractures in children" for medical students, Imam University Hospital, School of Medicine, Tehran University of Medical Sciences
- 09/2008 Espandar R. "Principals of fractures and dislocations" for medical students, Imam University Hospital, School of Medicine, Tehran University of Medical Sciences
- 09/2008 Espandar R. "Complications of fractures" for medical students, Imam University Hospital, School of Medicine, Tehran University of Medical Sciences
- 04/2008 Espandar R. "Principals of ilizarov in fracture management", Continuous Medical Education Program for Orthopedic Surgeons, Tehran University of Medical Sciences
- 05/2008 Espandar R "Sport related injuries of extremities" for Team Physicians at Sports Medicine Federation of Iran, Tehran
- 10/2007 Espandar R. "Lumbar spine disorders" for medical students, Sheriati University Hospital, School of Medicine, Tehran University of Medical Sciences
- 06/2007 Espandar R. "Approach to cervical spine in multiple trauma victims" for medical students, Sheriati University Hospital, School of Medicine, Tehran University of Medical Sciences
- 05/2007 Espandar R, Baghdadi T. "Common musculoskeletal problems in pediatrics", Continuous Medical Education Program for Pediatricians of Tehran University of Medical Sciences
- 04/2007 Espandar R. "Elbow dislocation", Continuous Medical Education Program for Orthopedic Surgeons, Tehran University of Medical Sciences
- 01/2007 Espandar R. "Injuries in Sport", Continuous Medical Education Program for General Practitioners, Qom University of Medical Sciences
- 12/2006 Espandar R. "Common upper extremity injuries" for nursing students, Faculty of Nursing and Midwifery, Tehran University of Medical Sciences
- 11/2006 Espandar R. "Fractures and dislocations of lower extremity" for nursing students, Faculty of Nursing and Midwifery, Tehran University of Medical Sciences
- 11/2006 Espandar R. "Common orthopedic problems of the spine" for nursing students, Faculty of Nursing and Midwifery, Tehran University of Medical Sciences

11/2006 Espandar R. "Common pediatric orthopedics problems" for nursing students, Faculty of Nursing and Midwifery, Tehran University of Medical Sciences

08/2006 Espandar R, Baghdadi T. Developmental dislocation of hip and club foot: how to approach". Continuous Medical Education Program for Pediatricians, Tehran University of Medical Sciences

04/2006 Espandar R, Guity MR. "Skin grafts in orthopedic practice". Continuous Medical Education Program for Orthopedic Surgeons, Tehran University of Medical Sciences

01/2006 Espandar R. "Osteoarthritis of foot and ankle" for medical students, Sina University Hospital, School of Medicine, Tehran University of Medical Sciences

03/2006 Espandar R. "Osteoporosis and other common metabolic bone disorders" for medical students, Sina University Hospital, School of Medicine, Tehran University of Medical Sciences

12/2005 Espandar R. "Common fractures and dislocations of cervical and thoracic Spine" for medical students, Sheriati University Hospital, School of Medicine, Tehran University of Medical Sciences

122004 Espandar R. "Common foot and ankle disorders in adults" for medical students, Sina University Hospital, School of Medicine, Tehran University of Medical Sciences

11/2004 Espandar R. "Common spine disorders" for medical students, Sheriati University Hospital, School of Medicine, Tehran University of Medical Science

PUBLICATIONS

PEER-REVIEWED PUBLICATIONS

1. Zarei M, Khabiri S, **Espandar R**, Farzan M. A Case Report: Calcaneal Ewing's Sarcoma. *J Orthop Spine Trauma*. 2016 September; 2(3):e9564. doi: 10.5812/jost.9564.
2. Gharibnaseri Z, Davari M, Cheraghali A, Eshghi P, Ravanbod R, **Espandar R**, Hantooshzadeh R. Health care resource utilization and cost of care for haemophilia A and B patients in Iran. *Transfus Apher Sci*. 2016 Feb;54(1):122-6. doi: 10.1016/j.transci.2016.01.025.
3. Eraghi AS, Kaseb MH, **Espandar R**, Mardookhpour S. The long-term effects of radioactive phosphorous synoviorthesis on hemophilic arthropathy. *Blood Cells Mol Dis*. 2015 Jun;55(1):68-70.
4. Raikin SM, Rasouli MR, **Espandar R**, Maltenfort MG. Trends in Treatment of Advanced Ankle Arthropathy by Total Ankle Replacement or Ankle Fusion. *Foot Ankle Int*. 2014;35(3):216-24.
5. Davis DE, Raikin S, Garras DN, Vitanzo P, Labrador H, **Espandar R**. Characteristics of Patients with Chronic Exertional Compartment Syndrome. *Foot Ankle Int*. 2013; 34(10):1349-54.
6. Amiri HR, **Espandar R**, Sanatkar M. Comparing caudal and intravenous ketamine for supplementation of analgesia after Salter innominate osteotomy. *J Child Orthop*. 2012; 6(6):479-83.
7. **Espandar R**, Radmehr A, Mohammadi MA, Saberi S, Haghpanah B. Fracture Site Osteoid Osteoma. *Am J Orthop (Belle Mead NJ)*. 2012;41(4):E57-E60.
8. **Espandar R**, Sobhani A, Mardookhpour S. Simultaneous shoulder and hip dislocation in a 12-Year-Old girl with Hutchinson-Gilford progeria syndrome. *Acta Medica Iranica*. 2012;50(6),439-43.
9. Salari A, Saberi S, **Espandar R**, Motamedi M. Open reduction and internal fixation in fractures of calcaneus. *Iranian Journal of Orthopedic Surgery (IJOS)*. 2012;10(1):18-24.
10. Farzan M, Mazoochy H, Sobhani A, Shajirat Z, Zolfaghari R, **Espandar R**. Carpal tunnel syndrome and contributing factors in 362 hospitalized patients. *Tehran University Medical Journal (TUMJ)*. 2012;70(1):27-32.

11. **Espandar R**, Sibdari S Y, Rafiee E, Yazdanian S. Necrotizing Fasciitis of the Extremities; a Prospective Study. *Strat Traum Limb Recon*. 2011;6(3):121-5.
12. Farzan M, Sobhani A, Mazoochi H, Zeraati Z, **Espandar R**. Surgical treatment outcomes in patients with syndactyly in Imam Khomeini Hospital in Tehran, Iran during 1996-2011: a brief report. *Tehran University Medical Journal (TUMJ)*. 2011;69(8): 518-521.
13. Mortazavi MJ, Motamedi M, Niknam A, Mazoochy H, **Espandar R**. Surgical Outcome of Acetabular Fractures Using Trochanteric Flip Osteotomy. *Tehran University Medical Journal (TUMJ)*. 2011;69(10): 645-650.
14. **Espandar R**, Heidari P, Rasouli MR, Saadat S, Farzan M, Rostami M, Yazdanian S, Mortazavi SM. Use of anatomic measurement to guide injection of botulinum toxin for the management of chronic lateral epicondylitis: a randomized controlled trial. *CMAJ*. 2010;182(8):768-73.
15. Amiri HR, **Espandar R**. Upper extremity surgery in younger children under ultrasound-guided supraclavicular brachial plexus block: a case series. *J Child Orthop*. 2010; 4:315–319.
16. **Espandar R**, Haghpanah B. Acceptable outcome following resection of bilateral large popliteal space heterotopic ossification masses in a spinal cord injured patient: a case report. *J Orthop Surg Res*. 2010; 22;5:39.
17. Heidari P, Abbaspour A, Baghdadi T, **Espandar R**, Farzan M, Amanpour S, Rasouli MR, Mohagheghi MA, Amiri HR, Yasui N. Effect of risedronate on bone resorption during consolidation phase of distraction osteogenesis: a rabbit model. *J Orthop Surg (Hong Kong)*. 2010;18(2):228-34.
18. **Espandar R**, Mortazavi SMJ, Baghdadi T. Angular Deformities of the Lower Limb in Children. *Asian Journal of Sports Medicine*. 2010;1(1): 46-53
19. Mansouri P, Yazdanian S, Safar F, Rezaei S, **Espandar R**, Naraghi ZS, Chalangari R. Oral Submucosal Fibrosis in Iran: a Case Review. *Int J Dermatol*. 2010;49(12):1424-8.
20. Guity MR, Yousef Sibdari S, **Espandar R**. Functional results after primary shoulder hemiarthroplasty for proximal humerus bone fractures. *Tehran University Medical Journal (TUMJ)*. 2010;68(4):231-237.
21. Mortazavi SMJ, Baghdadi T, Farhoud AR, Togeh Gh, Eftekhari M, Managhchi MR, **Espandar R**. The role of colloid 32p synoviorthesis in treatment of hemophilic arthropathy. *Tehran University Medical Journal (TUMJ)*. 2010;68(6): 364-371.
22. **Espandar R**, Heidari P, Rodriguez-Merchan C. The Management of Haemophilic Pseudotumours with Special Emphasis on Radiotherapy and Arterial Embolization. *Haemophilia*. 2009;15(2); 448-457.
23. Farzan M, **Espandar R**, Fallah Y, Farhoud AR. Frequency of Upper Extremity Nerve Entrapment Syndromes in Surgically Operated Patients for Ten Years. *Tehran University Medical Journal (TUMJ)* 2009;67(9):672-677
24. Shariat Moharari R, Khademhosseini P, **Espandar R**, Asl Soleymani H, Talebian MT, Khashayar P, Nejati A. Intra-articular lidocaine versus intravenous meperidine/diazepam in anterior shoulder dislocation: a randomized clinical trial. *Emerg. Med. J*. 2008; 25;262-264.
25. Farzan M. Darabpour MB. **Espandar R**. Ulnar club hand surgical outcome: a 14 years study in Imam Khomeini hospital. *Tehran University Medical Journal (TUMJ)*. 2008;65(10): 11-15
26. Kaseb MH, Sobhan MR, **Espandar R**, Motamedi M. Biceps tenodesis with Clancy method for chronic posterolateral rotary instability of the knee. *Tehran University Medical Journal (TUMJ)*. 2008; 65(10): 40-44.
27. Mortazavi SMJ, **Espandar R**, Baghdadi T. Flatfoot in children: How to Approach? *Iranian Journal of Pediatrics*. 2007; 17(2): 163-170.

28. **Espandar R**, Yazdani Sh, Balighi K, Farzan M. Report of a case of disabling pansclerotic morphea of childhood. *Iranian Journal of Dermatology*. 2007; 10(39): 74-77.
29. Baghdadi T, Sadeghifar A, Mortazavi SMJ, **Espandar R**. Indifference to pain syndrome in a twelve-year-old boy: A case report and review of literature. *Tehran University Medical Journal (TUMJ)*. 2007; 65(4): 87-90.
30. Farzan M, Mortazavi SMJ, **Espandar R**. Hand osteoblastoma. *Tehran University Medical Journal (TUMJ)*. 2006;64(2):85-90.
31. Emami SA, **Espandar R**. The results of digital block using single injection of local anesthetic into the flexor tendon sheath at the area of metacarpophalangeal joint. *Journal of Iranian Society of Anaesthesiology and Intensive Care*. 2006;53(2):42-49.
32. **Espandar R**, Yazdani Sh, Balighi K, Baghdadi T. A report of a proteus syndrome. *Tehran University Medical Journal (TUMJ)*. 2006; 9(38): 361-366.
33. Shahshahani M, Yazdani Sh, **Espandar R**. Popliteal Pterygium Syndrome. *Iranian Journal of Dermatology*. 2005;8(37):430-432.
34. Siassi M, Farzan M, **Espandar R**. Thumb carpometacarpal volar joint dislocation: a case report. *Acta Medica Iranica* 2002;40(1):52-54.
35. Farzan M, Mortazavi SMJ, **Espandar R**. Congenital Radioulnar Synostosis, a Report of 11 cases and Review of Literature. *Acta Medica Iranica* 2002;40(2):126-131.
36. Motamedi M, **Espandar R**. Giant cell tumor in patella with pulmonary metastasis, a case report. *Tehran University Medical Journal (TUMJ)*. 2001;59(2):1-5.
37. Baghdadi T, **Espandar R**. Schmid's metaphyseal chondrodysplasia: a case report. *Tehran University Medical Journal (TUMJ)*. 2001;59(2):18-22.

BOOKS, BOOK CHAPTERS

1. Espandar R, "Musculoskeletal Problems in Hemophilia". In "Comprehensive Package of Health Services for Hemophilic Patients" 2nd edition. 2009. Published by: Ministry of Health and Medical Education, Center for non-infectious and special disorders, Office for Hemophilia.
2. Espandar R, contributing author in "Textbook of Orthopedics and Fractures", 3rd edition. B. Aalami Harandi et al, 2010. Published by: Tehran University of Medical Sciences, office for Compilation and Revision of Textbooks
3. Espandar R, "Acetabulum and Pelvic Ring Fractures" In "Textbook of Orthopedics and Fractures", 3rd edition. B. Aalami Harandi et al, 2010. Published by: Tehran University of Medical Sciences, office for Compilation and Revision of Textbooks
4. Espandar R, "Musculoskeletal Problems in Hemophilia". In "Comprehensive Package of Health Services for Hemophilic Patients" 1st edition. 2009. Published by: Ministry of Health and Medical Education, Center for non-infectious and special disorders, Office for Hemophilia.

DEDACTIC MULTIMEDIA

- 04/2009 Espandar R, Mehrpour SR, Alami Harandi B. Primary approach to Musculoskeletal Trauma (DVD), Tehran University of Medical Sciences

EDITORIAL POSITIONS

2018 to present	Reviewer European Journal of Pediatrics
2012 and 2013	Reviewer and scientific advisor, 13 th and 14 th EFORT congress
2010 to present	Reviewer, International Medical Case Reports Journal
2013 to present	Reviewer, Iranian Journal of Orthopedic Surgery
2008 to present	Reviewer, Skeletal Radiology
2012 to 2014	Reviewer, Iranian Journal of Radiology
2012 to 2014	Reviewer Iranian Red Crescent Medical Journal
2011 to 2015	Reviewer, Archives of Iranian Medicine
2010 to 2013	Reviewer, Asian Journal of Sports Medicine
2007 to 2014	Reviewer, Acta Medica Iranica
2010 to 2012	Reviewer, Orthopedic Research and Reviews
2010 to 2012	Reviewer, Open Access Journal of Sports Medicine
2007 to 2015	Reviewer, Tehran University Medical Journal
2007 to 2012	Reviewer, Iranian Journal of Pediatrics

MEMBERSHIP IN PROFESSIONAL AND SCIENTIFIC SOCIETIES

03/2018 to present	American Orthopedic Foot and Ankle Surgeons Society (AOFAS)
05/2011 to present	American Association of Orthopedic Surgeons (AAOS), International Member
01/2009 to Present	AO Trauma
01/2008 to 12/2013	Persian Orthopedic Trauma Association (POTA)
09/2000 to Present	Iranian Orthopedic Association
09/1993 to Present	Medical Council of Iran